Practices Overview

There are levels specific to each station of Rabb. There is not forgotten in your heart.

One of the most treasured practices of the Sufi path is jamal zikr. This generous haqq al-yaqin (sure knowledge received in the heart directly from Allah) is stationed in the realm of Power. It occupies space in the realm of ruh (spirit; soul). Then it happens in the realm of nafs (egoistic or animalistic nature). Next it comes to the heart, then it passes to the mouth. This is what Allah says in regarding you: 

> “He knows the secret and the deeper secret.” (20:7)

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Rabita

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